

Edwin C. Cuttino Memorial Long Course Invitational
June 19-21, 2009

Sanctioned by: Georgia Swimming, Inc. - Sanction number: **GA09-51**
Meet Referee: Gene Ashcraft: gene.ashcraft@sc-swimming.org (704) 309-5593
Meet Director: Paige Case: pbinnscase@comcast.net (912-844-1739)
Meet entries: Louise Rutland: SSTentries@aol.com
Safety Marshal: Charles Ward

Host club: Savannah Swim Team (SST)
PO Box 13491
Savannah, GA 31416
912-927-SWIM
www.SwimSST.com

Facility: Chatham County Aquatic Center (CCAC)
7240 Sallie Mood Drive
Savannah, GA 31406
912-652-6793

The CCAC is an indoor facility featuring a 50 meter x 25 yard pool with deep flow-over gutters, non-turbulent lane lines, depth varying between 7 and 9 feet, and conforms to USA Swimming rules and regulations for competition pools. **The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming and Georgia Swimming.** A separate, 6-lane, 25-yard indoor pool is available for warm-up/warm-down. Other features include spectator seating, generous deck space, locker rooms, Dual 8-lane scoreboard and a Colorado timing system.

Rules: The current USA Swimming Rules and Regulations will govern the conduct of the meet.

- Positive check-in will be required for all deck-seeded events.
- Swimmers will be responsible for swimming in their assigned heats and lanes.
- The Meet Referee has discretion to determine the need to do dive-over starts.

Scratch rule: The Georgia scratch rule (adopted September 23, 2006) will be in effect for prelim/finals and deck seeded events. The rule is attached and is posted at www.SwimSST.com.

Eligibility: Open to all 2009 USA Swimming registered swimmers. This is an open meet with no time standards.

Entry limit: The limits for entries are as follows:

- Swimmers aged 13 and over may swim three (3) individual events per day.
- Swimmers aged 12 and under may swim four (4) individual events per day. Exception: Swimmers aged 12 and under swimming in a Senior (15 and older) prelim/finals event may swim three (3) individual events that same day.
- A swimmer who chooses to swim up in age group to Senior will have any individual Senior events counted toward his/her three (3) individual events for that day.
- A swimmer exceeding his or her daily limit of events will be disqualified from the last event(s) of that day exceeding the limit.
- Each team may submit a maximum of two entries per relay event. There is no restriction to the number of relay events that each swimmer may enter.
- Entries will be closed upon receipt of the team that puts the total number of entered visiting swimmers over 450.

Entry fees: Individual events are \$4.50. Relay events are \$6.00. A Georgia Swimming surcharge of \$2.00 will be assessed for each out-of-state swimmer. Payment in full must accompany entries. Make checks payable to "Savannah Swim Team."

Entry format: Please submit entries electronically, in a Hy-Tek compatible format (SDIF or CL2) by disk or email (preferred). Entries must include each swimmer's USA Swimming registration number, first and last name, age, and seed time for each event entered. Fifty (50) meter Long Course times will be used for seeding. Non-conforming times will be converted by the Hy-tek program to long course meters and used for seeding. Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours of notification. Errors in entries submitted electronically are the responsibility of the applicant. **The**

order of events is available in Hy-tek format at www.SwimSST.com.

- Entry deadline:** Entries must be received at the address below by 6:00 PM, Tuesday, June 9, 2009. **All fees, a completed and signed Entry Summary and Liability Release Form (attached below), and a printed copy of the entries must be received by SST before the entries are considered complete and processed, and before swimmers may compete.** Entries will be processed when complete on a first-come, first-served basis.
- E-mail entries:** Entries may be e-mailed to SSTentries@aol.com. In addition, SST must receive the hard copy, fees, and completed and signed Entry Summary and Liability Release Form at the address below by the entry deadline.
- Mail entries to:** Savannah Swim Team (SST), c/o Louise Rutland, 2 Upland Lane, Savannah, GA 31411.
- USPS EXPRESS MAIL or FEDEX is highly recommended. Please sign signature waiver for overnight deliveries.
- Entry inquiries:** Entry inquiries should be directed to Louise Rutland at SSTentries@aol.com.
- Late entries:** After the entry deadline but prior to the first day of the meet, late entries may be accepted by e-mail to be processed on a first-come/first-served basis if empty lanes are available. No additional heats will be created for late entries. **All changes or entries received after the entry deadline will be charged on a late entry basis -- which is double the regular fee -- and will be seeded with no time (NT).**
- Deck Entries:** Deck entries may be accepted up to 45 minutes before the start of each session. Late entered swimmers must present proof of USA Swimming registration to the Clerk of Course. Applications for membership as an athlete in USA Swimming will not be accepted at this meet.
- Format:** The Meet Referee may elect to combine or change any or all sessions or events. Every effort will be made to notify teams in advance of any changes in the order of events. Changes in event or session assignments will be posted on the SST website (www.SwimSST.com) -- time permitting -- and at the pool. Dive-over starts may be used; coaches should ensure their swimmers are familiar with this type of start.
- All 12 and under session events will be conducted as timed finals.
 - All events in the 13-14 and Senior age groups will be prelim/final events with the exception of the relay events and the 400m Free, 800m Free and 400m IM, which will be timed final events.
 - The 400m Free, 800m Free, and 400m IM will be deck seeded. Positive check-in is required for all deck seeded events 45 minutes before the start of the session in which the event is scheduled.
 - The 400m Free, 800m Free, and 400m IM events will be swum fastest to slowest.
 - Senior and 13-14 age groups will be combined for the 800m Free, but scored separately. Heats in each of the boys and girls 800m Free will alternate.
 - The 400m Free, 800m Free and the 400m IM will be limited in the number of heats as follows:
 - The 11-12 400m Free and all 400m IM events will be limited to 4 heats each (32 swimmers total).
 - The 800m Free will be limited to the fastest 8 swimmers entered in the 13-14 event plus the fastest 8 swimmers entered in the Senior event plus the next 16 fastest swimmers, regardless of age group (4 heats, 32 swimmers total) in each combined event.
 - Exception: If the number of swimmers in one event does not meet the limit, additional heats may be added to another event. For example, if the boys' 800m Free only has three heats, up to five heats of the girls' 800m Free may be contested.
 - Swimmers participating in the 800m Free are asked to supply a timer and someone to count laps.
 - Swimmers **involuntarily** scratched from the deck seeded events will have their fees for those events refunded.
 - Time trials will not be offered at this meet.
- Finals format:** There will be a consolation final heat and a championship final heat for each prelim/final event. The championship final heat will precede the consolation final heat.
- Excessive entries:** In the event of excessive entries, the Meet Referee reserves the right to shorten the meet by limiting the number of heats in any or all events 400m or longer. In such cases, entry fees for the dropped events will be refunded.

- Order of events:** The order of events is shown below and may be downloaded in Hy-tek format at www.SwimSST.com.
- Warm-up:** Georgia Swimming warm-up procedures and rules will be posted and must be followed. Lanes and warm-up times may be assigned and will be posted at www.SwimSST.com and the pool. A coach with 2009 USAS certification must supervise warm-up.
- Coaches:** Coaches will be required to sign in at the Clerk of Course desk and show their USA Swimming coach's registration card with an expiration date of June 22, 2009 or later. Coaches must display their credentials while on the pool deck and in hospitality. **Any coach not having a current (2009) certification will not be permitted to coach; no exceptions will be made.** Copies of the certification, faxes, or letters stating CPR/First Aid/STFSC are up to date will **not** be considered.
- Coaches meeting:** A mandatory coaches meeting will be held Friday, June 19, 2009, at 3:45 PM. One coach or representative from each club is required to attend. Subsequent meetings will be arranged if needed. Coaches arriving late should check with the Meet Referee upon arrival.
- Coaches heat sheets:** Coaches listed on their team's Entry Summary and Liability Release Form will receive a heat sheet when they check in at the Clerk of Course.
- Coach supervision:** A current coach member of USA Swimming must supervise each swimmer participating in a USA Swimming sanctioned meet during warm-up and competition. An unattached athlete or an athlete not escorted by a current coach member must check in with the Meet Referee upon arrival at the meet. Such athletes will be assigned a member coach who will supervise him/her during warm-up and competition.
- Officials:** The Savannah Swim Team welcomes visiting officials and appreciates their help in officiating this event. All officials must sign in with the Meet Referee at the officials' meeting and show their current USA Swimming registration cards and LSC certification cards. Officials will display their credentials while officiating and in hospitality. Officials or apprentices requesting certain positions should contact the Meet Referee.
- Liability:** USA Swimming, Inc., Georgia Swimming, Inc., the Chatham County Aquatic Center, and the Savannah Swim Team shall be free from any liability or claims arising by reason of injury to anyone during the conduct of the meet. **The attached Entry Summary and Liability Release Form must accompany each entry.**
- Scoring:** Individual events will be scored to eight (8) places: 9-7-6-5-4-3-2-1. Swimmers choosing to swim up in age group will be scored in the age group for that event. Relays will not be scored.
- Awards:** High point awards will be given in each age group (10 & Under, 11-12, 13-14, Senior), with boys and girls scored separately. Medals will be awarded for places 1-3 in individual events. Ribbons will be awarded for places 4-8 in individual events and for places 1-3 in relay events.
- Concessions:** Basic concessions will be available for purchase. A separate hospitality area will be provided for all officials and coaches.
- Lane rental:** Prior to the meet warm-up session time of 2:30 PM, June 19, any team wanting water time must rent lanes from the CCAC. **Lane availability is limited and arrangements must be made in advance.** Contact the facility directly at (912) 652-6793.
- Attachments:** The Entry Summary and Liability Release Form and Georgia Scratch Rule are attached. Visit the SST website www.SwimSST.com for hotel information, directions and maps.

Order of Events

Friday, June 19, 2009

Format: Timed Finals

Warm-up: 2:30 - 3:50 PM

Start Time: 4:00 PM

Girls Event #	Age Group	Event	Boys Event #
1	11-12	200m Fly	2
3	13-14	400m IM*	4
5	Senior	400m IM*	6
7	11-12	400m Free*	8
9	13-14	800m Free*	10
11	Senior	800m Free*	12

*Deck seeded event. Positive check-in at the Clerk of Course is required 45 minutes before the session starts. Swum fastest to slowest. The 13-14 and Senior 800m Free will be swum together, with girls and boys heats alternating. **Clerk of Course closes at 3:15 PM.**

Saturday, June 20, 2009

Format: Prelims and Timed Finals Relays

Warm-up: 7:00 - 8:20AM

Start Time: 8:30 AM

Girls Event #	Age Group	Event	Boys Event #
13	13-14	200m IM	14
15	Senior	200m IM	16
17	13-14	100m Free	18
19	Senior	100m Free	20
21	13-14	200m Breast	22
23	Senior	200m Breast	24
25	13-14	100m Fly	26
27	Senior	100m Fly	28
29	13-14	200m Back	30
31	Senior	200m Back	32
33	13-14	50m Free	34
35	Senior	50m Free	36
37	13-14	400m Medley Relay	38
39	Senior	400m Medley Relay	40

Saturday, June 20, 2009

Format: Timed Finals

Warm-up: Not before 12:00 PM

Start Time: Not before 1:00 PM

Girls Event #	Age Group	Event	Boys Event #
41	11-12	200m IM	42
43	10 & U	200m IM	44
45	11-12	50m Breast	46
47	10 & U	50m Breast	48
49	11-12	100m Back	50
51	10 & U	100m Back	52
53	11-12	100m Fly	54
55	10 & U	100m Fly	56
57	11-12	200m Breast	58
59	10 & U	50m Free	60
61	11-12	50m Free	62
63	10 & U	200m Medley Relay	64
65	11-12	200m Medley Relay	66

Order of Events

Saturday, June 20, 2009

Format: Finals

Warm-up: 5:00 PM

Start Time: 6:00 PM

Girls Event #	Age Group	Event	Boys Event #
13	13-14	200m IM	14
15	Senior	200m IM	16
17	13-14	100m Free	18
19	Senior	100m Free	20
21	13-14	200m Breast	22
23	Senior	200m Breast	24
25	13-14	100m Fly	26
27	Senior	100m Fly	28
29	13-14	200m Back	30
31	Senior	200m Back	32
33	13-14	50m Free	34
35	Senior	50m Free	36

Sunday, June 21, 2009

Format: Prelims and Timed Finals Relays

Warm-up: 7:00 - 8:20 AM

Start Time: 8:30 AM

Girls Event #	Age Group	Event	Boys Event #
67	13-14	200m Fly	68
69	Senior	200m Fly	70
71	13-14	100m Back	72
73	Senior	100m Back	74
75	13-14	200m Free	76
77	Senior	200m Free	78
79	13-14	100m Breast	80
81	Senior	100m Breast	82
83	13-14	400m Free Relay	84
85	Senior	400m Free Relay	86
87	13-14	400m Free*	88
89	Senior	400m Free*	90

* Deck seeded timed final. Positive check-in at the Clerk of Course is required 45 minutes before the session starts. Swum fastest to slowest. **Clerk of Course closes at 7:45 AM.**

Sunday, June 21, 2009

Format: Timed Finals

Warm-up: Not before 12:00 PM

Start Time: Not before 1:00 PM

Girls Event #	Age Group	Event	Boys Event #
91	11-12	200m Free	92
93	10 & U	200m Free	94
95	11-12	50m Back	96
97	10 & U	50m Back	98
99	11-12	100m Breast	100
101	10 & U	100m Breast	102
103	11-12	50m Fly	104
105	10 & U	50m Fly	106
107	11-12	100m Free	108
109	10 & U	100m Free	110
111	11-12	200m Back	112
113	10 & U	200m Free Relay	114
115	11-12	200m Free Relay	116

Order of Events

Sunday, June 21, 2009

Format: Finals

Warm-up: 5:00 PM

Start Time: 6:00 PM

Girls Event #	Age Group	Event	Boys Event #
67	13-14	200m Fly	68
69	Senior	200m Fly	70
71	13-14	100m Back	72
73	Senior	100m Back	74
75	13-14	200m Free	76
77	Senior	200m Free	78
79	13-14	100m Breast	80
81	Senior	100m Breast	82

**Savannah Swim Team
Edwin C. Cuttino Memorial Long Course Invitational
June 19-21, 2009**

Entry Summary and Liability Release Form

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Phone _____ Home _____ Email _____

ALL COACHES FROM YOUR TEAM, PRESENT AT THE MEET, MUST BE LISTED

Coach _____ Coach _____

Coach _____ Coach _____

Coach _____ Coach _____

For entry problems call or email _____

Total individual events _____ X \$4.50 = \$ _____

Total relay events _____ X \$6.00 = \$ _____

Total out-of-state swimmer surcharges (Non-Georgia swimmers only) _____ X \$2.00 = \$ _____

Total fees submitted \$ _____

Submit one check payable to "Savannah Swim Team"
Entries and Fees must be received on or before 6:00 PM, Tuesday, June 9, 2009. Mail entries to:

**Savannah Swim Team (SST)
c/o Louise Rutland
2 Upland Lane, Savannah, GA 31411**

Email entries to: SSTentries@aol.com

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

The Chatham County Aquatic Center, the Savannah Swim Team, Georgia Swimming, Inc, and United States Swimming, Inc., its agents, employees, and coaches shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet.

Signature/Title

Date

GEORGIA SWIMMING INC. SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format has preliminary heats, consolation finals, and finals is the same "Scratch Rule" as that found in the current USA Swimming Rules and Regulations. Certain LSC additions listed below apply to all timed final meets as well.

“D. Scratching from finals:

1. Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
3. Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the C, B, or A (bonus final, consolation final or) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If the C or B (bonus and consolation) final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Referee is notified in the event of illness or injury and accepts the proof thereof.
2. A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

LSC ADDITIONS:

1. Swimmers that qualify for any additional heats beyond the above mentioned “C, B and A” final races will also be subject to the above rules concerning scratching from finals.

2. In deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. **This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events, unless otherwise stated in the Meet Information.**

3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.

4. **Qualifiers for all finals heats** and first and second alternates are **those as** identified on the original results of the preliminary heat.

5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.

6. On the final day of LSC Championship competition, any swimmer who has checked in for finals and fails to show will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.

7. “Positive check-in”, (for deck seeding), designating a swimmer’s intent to swim a race, shall be denoted by the swimmer’s or coach’s initials next to the swimmer’s name on the official entry sheet posted at the Clerk of Course.